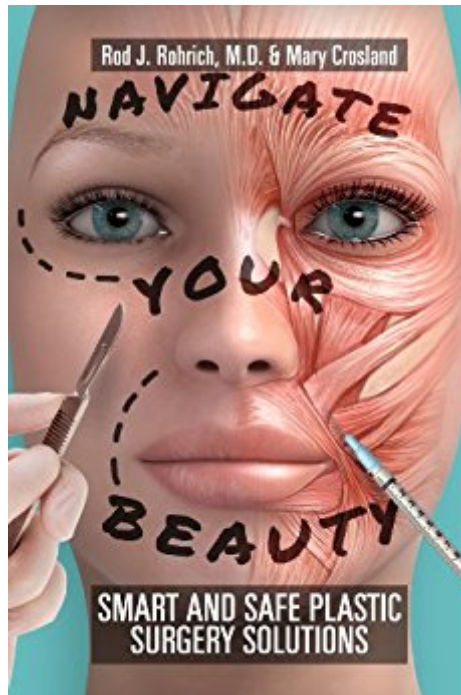


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# Navigate Your Beauty: Smart And Safe Plastic Surgery Solutions



## Synopsis

From the Inside Flap Navigate Your Beauty is the authoritative guide that shows you how to look your best with and without plastic surgery. This book explains the secret of how to find the right surgeons and maximize opportunities for safe and successful outcomes. Navigate Your Beauty is co-authored by Rod J. Rohrich, M.D., one of America's most respected practitioners, authors, and plastic surgery professors; and Mary Crosland, a long-term patient of Dr. Rohrich's, a leading Dallas businesswoman, and a dedicated patient advocate. The book features Three Magic Questions, which will guide the reader into finding the right plastic surgeon who has the Experience, Expertise, and can consistently deliver Exceptional results. "Patients who ask these Three Magic Questions," says Dr. Rohrich, "will quickly discern whether or not they are in the right hands. While most of the best plastic surgeons don't advertise, some of the ones who do may not be plastic surgeons. One's appearance and health are far too valuable to entrust to someone who may have gotten a certificate in a weekend course and is not qualified to perform plastic surgery. Additionally, different doctors are trained in different areas. One should choose a top professional in the specific surgical procedure one is considering." This book covers all aspects of procedures from skin care, to fillers, facial plastic surgery, tummy tucks, "Mommy makeovers", breast augmentations, liposuction, revision and reconstructive plastic surgery. The consumer needs to be fully informed and educated to stay out of harm's way. This is what makes Navigate Your Beauty an indispensable guide to safe outcomes in cosmetic procedures, whether surgical or non-surgical.

## Book Information

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## Customer Reviews

This is your "go to" reference if you are considering plastic surgery. I liked the book so much because Dr. Rohrich, M.D. and his co-author, Mary Crosland made the somewhat difficult and often times overwhelming subject matter very accessible to the reader. I say difficult and overwhelming subject matter because when you are considering altering your looks through elective plastic surgery, it is an emotional and complicated process for most people. Dr. Rohrich, the chairman of the University of Texas Southwestern Medical Center's Department of Plastic Surgery, provides his vast technical expertise in explaining the most commonly sought out plastic surgery procedures in each stage of life, and tells you what your concerns should be. Ms. Crosland throughout the book gives voice to the potential consumer of the plastic surgery. She is a sophisticated consumer of cosmetic procedures herself, and as such is a sensitive spokesperson for first time visitors to the world of face and neck lifts, reconstructions of noses and liposuction. Ms. Crosland's perspective is very useful and encouraging to the reader. After reading her comments, you feel like you have a buddy to go with you on your consultations and interviews of potential surgeons. Dr. Rohrich also takes a lot of the mystery out of consultations and urges you to ask The Three Magic Questions that will help you select the right surgeon for you. The co-authors take you far beyond the consultations, pre-op and surgery. They stay with you through the recovery process and beyond. This is a valuable reference that you will want to own and will probably want to share with friends and family members. After all, who of us at some point doesn't look in the mirror and ask the question, "I wonder if I couldn't look better for my age, more invigorated?"

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